



### *Who is this class for?*

This class is for dogs with BIG emotions! They react (lunge, bark, pull on leash, shy away, hide, etc.) out of a large array of feelings. It doesn't matter if your dog is afraid or REALLY excited to interact with a stimuli(s), the training plan is the same. We want to help you create calmness and clarity for both you and your dog.

### *What will my dog learn in this class?*

Your dog will learn to feel better and less, well, whatever it is that they are feeling! They are going to feel better because awesome stuff happens in the presence of their triggers! The “awesome stuff” includes:

- Owner engagement
- Good things happen when they acknowledge their trigger
- Pattern games - we will go over more about pattern games in week 1 but, bottom line is that pattern games are AMAZINGLY effective at getting/maintaining engagement with your dog while simultaneously making them feel better about the stimulus.
- Mat work - go to your mat/bed (even if the issue occurs mainly outdoors)
- Management strategies to set you and your dog up for success
- What to do when things go south and not as planned

### *Will this class fix my dog's reactivity?*

Unfortunately, there is no quick fix working with any type of behavior modification, and dogs are sentient beings unlike appliances or cars that can get fixed in only a matter of time. This type of training takes time. But it is worth putting the effort in. When you dig deep and work hard, not only on your dog's behavior but your own as well, you will have life-lasting changes in your dog's behavior (for the better!). The outcome of your dog's “success” depends on how dedicated you are to the program and working with your dog. The goal of this program is to help you and your dog feel comfortable being in the presence of triggers that make your dog feel: frustrated, aroused, excited, upset, scared.



### *Will this class help socialize my dog?*

The socialization for a dog ends by 15wks of age (give or take). After this point, your dog has their own opinions about the world around them, and maybe not so quickly convinced that everything around them ok. This does not mean that we can't make a difference, but it does mean that we have to expose your dog to their triggers very slowly and methodically. Going to a dog park for example, will most likely be way over threshold for a dog that is scared of other dogs. However, if you work at THEIR pace (not ours) they will learn to not only trust you more, but to trust and stay calmer around their previous triggers.

### *Why hybrid? Don't you need to see my dog right away in order to effectively help us?*

Nope! We need to teach YOU the skills first so that you can teach your dog. We will teach you, then watch you/coach you while you train your dog right in front of us online. If we did this in person, your dog might be over-threshold and unable to learn/work.

### *What happens after we have completed our online portion?*

Throughout the online portion of the class, you are going to submit videos to us of your training, indoors and out (simple with smartphone), and we will track your progress (this is not a race!). After we (and you) feel ready, we will schedule a Saturday time slot for you and your dog to practice your skills at Heavenly Hounds with another classmate(s). This practice may take place indoors and/or out.

### *Can we sign up for more online classes or practice sessions at Heavenly Hounds?*

Absolutely! You will be able to sign up for both or either at a discounted rate.



### *What is the purpose of the Facebook Group?*

The Facebook group is a private group where only members of the Reframing Reactivity course will have access to. This is a place where you will receive extra support from your instructor(s) via articles, live chats, videos and more! Our biggest hope is that you all (students) will support one another as well through your videos, comments and questions. The group will be a place to problems solve, seek reassurance, share your awesome moments and your not so awesome moments.

**We look forward to working with you!**